



We treat people, not a diagnosis.  
We are honest and dependable.  
We believe in the healing power of joy and laughter.  
We bring a passion to our profession.

We are



## Parkside Villa

Part of the Legacy Health Services Family



Parkside Villa is conveniently located near major highways  
7040 Hepburn Road, Middleburg Heights, Ohio 44130

- One block from Southwest General Health Center
- 6.6 miles from Fairview Hospital, a Cleveland Clinic Hospital
- 7.1 miles from Parma Community General Hospital



Accredited by The Joint Commission

For more information or a tour,  
please call 440-260-7626

[www.lhshealth.com](http://www.lhshealth.com)

 Free Guest Wi-Fi

# Parkside Villa

## Skilled Rehabilitation Services



Legacy Health Services  
Our Family Caring for Yours



“I can’t say enough about the staff. The people are wonderful. I love it here, I really do.”

Betty, patient

## Our goal is to help you return home!

An illness, injury or surgery can impair your ability to move or function on your own. Short-term rehabilitation therapy can help you regain, develop or maintain the strength or skills necessary to live independently.

Based on your condition, your doctor may have prescribed Physical, Occupational or Speech therapy – or a combination of multiple therapies. Our therapists will collaborate with you, your family, your physician and health care team to create and implement a therapy plan tailored to your needs, goals and preferences.

Incorporating activities or hobbies that you enjoy into your therapy program may contribute to your progress and help you maintain ongoing success.

Your individualized plan of care may include one or more of the following therapies:

**Occupational Therapy** helps develop the strength and skills necessary to independently perform the activities of daily living, such as dressing, eating and toileting. Therapy targets upper-body strength, coordination, range of motion and fine motor skills.

**Physical Therapy** focuses on restoring independence when movement or functional abilities have been compromised by an illness, injury or condition. Treatment and exercise help optimize movement, balance, strength and conditioning.

**Speech Therapy** diagnoses and treats speech, swallowing and memory problems caused by a wide range of conditions and disorders.

### Qualified, In-House Staff

Our licensed staff therapists are an integral part of our tenured health care team. Working together, your team will develop a personalized plan of care.

You will work closely with an experienced therapist who knows you, understands your goals and supports you every step of the way. We believe that when you build a relationship based on trust and understanding, you will likely have a better experience and improved outcomes.

We also have full-time nurse practitioners with specialized master’s-level training and the state-of-the-art equipment required to treat high-acuity patients with multiple conditions, including:

- Strokes
- Fractures
- Neurological disorders
- Post-operative recovery
- Complex wounds
- Diabetes
- Complex respiratory disorders

